



What's your Achilles' heel?

小1-小4 (G1-G4)

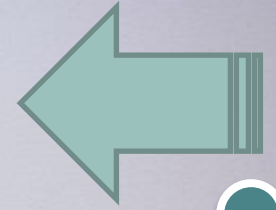
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L22 What's your Achilles' heel?

In this lesson, you will learn different idioms about the human body and what they mean.



IDIOMS



1

An idiom (**idiomatic expression**) can be an expression, word, or phrase that is totally different from the literal meaning.

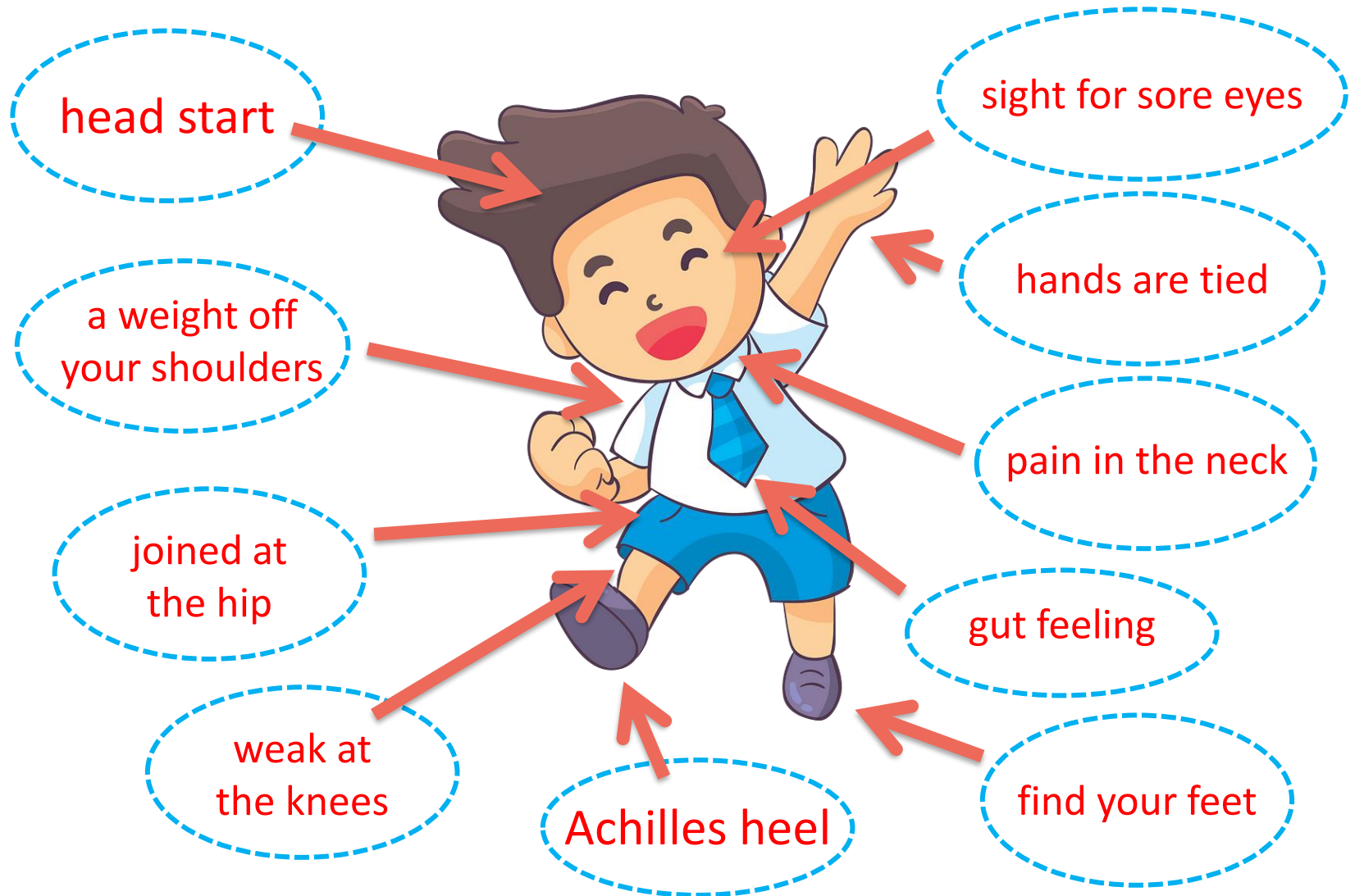
Examples :

on point = good/well done
(She is **on point**. = She is **good**.)

raining cats and dogs = raining very hard/very strong rain
(It's **raining cats and dogs**. = It's **raining very hard**.)



10 Idioms about the human body



HEAD start



- an advantage over everyone else

She took some extra classes to get a **head start** in her class.

- a sight that makes you happy

✓ It's a **sight for sore eyes** when my family is all together.

Sight for sore EYES



A weight off your SHOULDERS



- you no longer worry about something or deal with something difficult

✓ Knowing that my dog is safe is **a weight off my shoulders.**

Pain in the NECK



- someone or something making your life difficult

✓ My children are so playful, sometimes they're a **pain in the neck.**

GUT feeling



- a feeling about a person or situation, especially something that's about to happen

✓ I have a **gut feeling** that Jerry's going to be late again.

- to be prevented from doing something

✓ I want to buy new clothes, but I need to save money, so my **hands are tied**.

HANDS are tied



- to be very close to someone; to always spend time with someone

Joined at the HIP

- ✓ Kim and Meg have been **joined at the hip** since they met in high school.



Weak at the KNEES

- to feel unsteady because of very strong emotions (such as love or fear)

- ✓ The test results made me **weak at the knees**.



Achilles HEEL

- a great weakness, especially one that can cause failure

✓ I'm trying to lose weight, but ice cream is my **Achilles' heel**.



Find your FEET

- to adjust to a new place or situation

✓ It can take months to **find your feet** in a big city like Tokyo.



Complete the idioms.

**HEAD
start**

2. a sight for
sore _____

1. a weight off
your _____

3. _____
are tied

**GUT
feeling**

a pain in
the **NECK**

4. joined at the

5. weak at the

6. Achilles

find your
FEET



LET'S ANSWER

Choose the correct idiom from the choices below.

1. a sight that makes you happy

a. gut feeling

b. sight for sore eyes

2. you are prevented from doing something

a. hands are tied

b. find your feet

3. a weakness that can result in failure

a. a weight off your shoulders

b. Achilles Heel

4. to be exceptionally close to someone

a. pain in the neck

b. joined at the hip

5. an advantage over everyone else

a. head start

b. weak at the knees

ANSWER KEY

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1. shoulders
2. eyes
3. hands
4. hip
5. knees
6. heel

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1. B
2. A
3. B
4. B
5. A

